

Yog-Tarang 2025 – A Himalayan Retreat

All Inclusive Wellness Retreat in the Himalayas



Yog-Tarang 2025 – A Himalayan Retreat

An All Inclusive Wellness Retreat in the Himalayas

7-days at an enchanting resort, surrounded by mountains and overlooking the Ganges

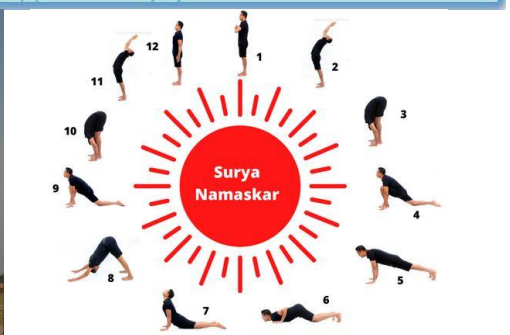
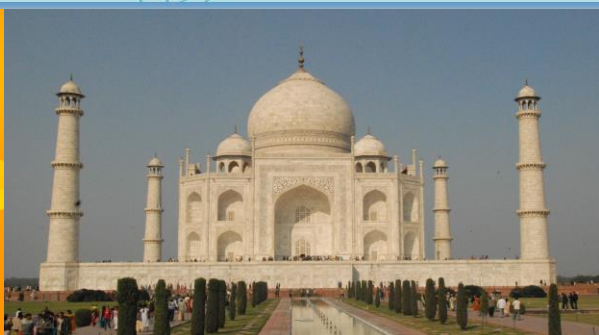
24 February 2025 to 3 March 2025

- ❖ Yoga, Pranayaam & Meditation Sessions
- ❖ Music Workshops
- ❖ Complimentary 1-hour Ayurvedic massages
- ❖ Sightseeing & Witness the Ganga Aarti
- ❖ Healthy satvic vegetarian meals
- ❖ Meditative Live Indian Music
- ❖ Attend Mahashivratri festival
- ❖ Free Days for shopping & exploring

Optional Items

Tailored Ayurvedic &/or Naturopathy treatments

- Adventure activities: Bungee jumping, zip line, rafting in the Ganga river
 - Sightseeing at Delhi and Agra (Taj Mahal)
 - Participate in Holi at Mathura, birth place of Lord Krishna
- Post-retreat easy to moderate "Hike the Himalayas" with expert hiker





The 7 Vibrations & Bliss Tours



YOG TARANG 2025 – A HIMALAYAN WELLNESS RETREAT

At Rishikesh – a mountain town on the banks of Ganges river.

24 Feb to 3 Mar 2025

Retreat ONLY \$2995

(7 nights/8 days at luxury resort)

Complete Package \$4195 includes:

- Retreat
- 3 day easy to moderate hike in the Himalayan Mountains
 - 4 nights/4 days Delhi & Agra
- All prices are per person, all-inclusive except air fares.
- Advance deposit required at the time of booking.
- Remaining balance to be paid by 31 Oct 2024.
- Call for complete terms and conditions.

Contact Information:

984.266.2053

contact@blisstours.biz

the7vibrations@gmail.com